

RUTHERFORD POLK MCDOWELL HEALTH DISTRICT

PRESS RELEASE
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RPM Health District

Vaccination Clinic Frequently Asked Questions

Are both the H1N1 and the Seasonal Vaccine available at the Health Department?

At this time, the H1N1 and Seasonal Vaccine are not yet available.

When will vaccination clinics be scheduled?

Clinics will be scheduled when vaccine is available.

What kind of insurance can be used?

The health department will accept Medicare, Medicaid, and Blue Cross Blue Shield of North Carolina.

What is the charge for the seasonal and H1N1 vaccine?

The seasonal flu vaccine and administrative cost is \$30.00

At this time there is no plans to charge for the H1N1 vaccine when given at the Health Department.

How will we know when the clinics are scheduled?

The local media will be notified when clinics are scheduled. You may also check our website for information. www.rpmhd.org

Flu Prevention Focus: Cough Etiquette

The droplets created when a person coughs or sneezes can spread the flu. Being considerate of others at home and in public can help to prevent the spread of the flu virus. One of the easiest ways to be considerate is to cover the cough or sneeze you may have.

Cough and Sneeze Tips:

1. When available, use a tissue to cover you mouth and nose when you cough or sneeze.
Discard the used tissue in the appropriate waste receptacle.

2. If you don't have a tissue, or can't get to one quick enough, don't use your hands to cover your mouth, cough or sneeze into your upper sleeve or elbow.
3. Clean your hands after coughing or sneezing. Wash them with running water and soap for at least 20 seconds or use an alcohol based hand cleaner (60 % concentration).
4. Change your soiled clothing as soon as you can.

Please call your local health department office with any questions or for information.

For more information, and guidance for specific groups, please visit the following websites:

www.cdc.gov/H1N1

www.flu.nc.gov

www.rpmhd.org/h1n1.htm

www.flu.gov

Local Contacts:

Phillip Melton, Interim Health Director (828) 287-6054

Helen White, District Clinical Supervisor (828) 287-6044

Kevin Rogers, Preparedness Coordinator (828) 925-0571

RPM Epidemiology Preparedness Infection Control Safety Team Contact E-mail: rpmepi@rpmhd.org

Attachments:

Cover Your Cough Flyer

Germ Buster Flyer

Influenza Surveillance Report #44