

ARE YOU READY?

- Disaster can strike without warning.
- Take responsibility for your own safety
- Do not rely on local Emergency Management for immediate help. Emergency relief workers cannot reach everyone quickly and may only be able to assist after the disaster.
- Prepare to stay in your home, if possible
- Prepare to evacuate, if necessary.
- Make a plan.
- Use a team to develop your plan. Know who can assist you in times of emergency, such as family, friends, and Neighbors.
- Do not be caught unprepared. Have emergency Supplies, food, water, medications, equipment, and important papers ready.
- Being prepared is your best protection against disaster

Additional resources for disaster planning:

Humane Society of the US: www.hsus.org/disaster
Food and Drug Administration: www.fda.gov
American Red Cross : www.redcross.org
National Weather Service: www.nws.noaa.gov
READY: www.ready.gov
Centers for Disease Control: www.cdc.gov
National Fire Protection Association: www.nfpa.org
Department of Homeland Security: www.dhs.gov
American Veterinary Medical Assoc:
www.avma.org/disaster/default.asp
Roy's Amazing Links: www.roysamazinglinks.com

If you don't have internet access or need help developing your disaster plan, please contact Polk County Emergency Services at (828) 894-3067



Sponsored by

American Red Cross Polk County Chapter
Post Office Box 807
Columbus, NC 28722

Polk County Council on Aging
Attn: Meeting Place
330 Carolina Drive
Tryon, NC 28782

Polk County Department of Social Services
330 Carolina Dr.
Tryon, NC 28782

Polk County Emergency Services
Post Office Box 308
Columbus, NC 28722
(828) 894-3067

Rutherford-Polk-McDowell Health District
221 Callahan-Koon Rd
Spindale, NC 28160

POLK COUNTY EMERGENCY
PLANNING COMMITTEE

Phone: 828-894-3067
Fax: 828-894-2328
E-mail: sghalford@alltel.net

POLK COUNTY EMERGENCY
PLANNING COMMITTEE

DISASTER PLANNING FOR SPECIAL MEDICAL NEEDS



