

## POLK COUNTY HEALTH SUMMIT

### SOLUTIONS

11/7/08

- Central location that utilizes volunteers to offer crisis care
- Schools start prevention via food/lunch choices
- School based/school-linked health center (Blue Ridge Community Health Services – Jennifer Henderson)
- Partnership with schools and others to come up with preventive education
- Safe routes to schools (Josh)
- After hours services (MH/SA)
- Crisis services offered 24/7
- Work with media to de-stigmatize MH issues; educate everyone
- Get the word out about what resources ARE available and how to access
- More facilities like Saluda Medical Center 24/7 (urgent care)
- Be creative how we educate people and change life style/behaviors
- Be an advocate for change as one voice – focus on healthy choices – this group can be a leadership group
- Need more “wellness’ choices available (i.e. fitness center, pool) in community

